PONDEROSA HIGH SCHOOL

School Counseling Program Profile

3661 Ponderosa Road, Shingle Springs, CA 95682 530-677-2281 8am-4pm School days bruin edubsd k12 ca us



PRINCIPALS MESSAGE



The Ponderosa High School counseling team is an integral part of the school management team. A comprehensive school counseling program with individual and/or group counseling and classroom guidance is in place. It helps that the counselors keep the same students on their caseloads for four years to create and maintain meaningful ongoing relationships. Working with multiple colleges, agencies, organizations, and public services, they help students and their families connect with academic and career opportunities through electives on campus, Regional Occupation Program, the local community college district, and social/emotional resources through group presentations, and the on-campus Wellness Center.

Together, the school counselors, therapists, and psychologists positively change lives and help our students plan for a successful and bright future.

- Jeremy Hunt, Principal



Acqdemic

4-year Plan/Course Planning

Guidance Lessons

- Tips for Syccess
- Transcripts
- Graduation Requirements

- college/career : A-G Reguirements
 - college Applications career Exploration
- Community College Trade School/Certificate Programs
- Financial Aid

Personal/Social :

- Healthy Balance
- Resources for help
- wellness center

Grade Level Presentations :

- 10th
- 11th
- 12th

Sessions

The Counseling Office supports all stydents through small group workshops in the following greas :

- CSU, UC, Common App and
- community college Applications FAFSA completion
- · Scholarship Applications
- · Course Planning and Selection
- Acqdemic Syccess
- Dygl Enrollment

The wellness center supports stydents through small groups in the following greas :

- · Behqvior Therapy
- Anxiety Coping Skills
- LGBTQ Support Group

Individual Counseling

- · One-on-one Counseling
- Course Planning
- Academic support
- · Credit Recovery
- 504 Plan Management
- Student Study Team (SST)
- Social/Emotional support
- College Applications
- . Letters of Recommendation
- Dygl Enrollment

- Crisis Intervention
- Connection to resources
- CHSPE/GED/HiSet



