

PONDEROSA HIGH SCHOOL

School Counseling Program Profile

3661 Ponderosa Road, Shingle Springs, CA 95682
530-677-2281 8am-4pm School days
bruin.eduhsd.k12.ca.us



PRINCIPAL'S MESSAGE



The Ponderosa High School counseling team is an integral part of the school management team. A comprehensive school counseling program with individual and/or group counseling and classroom guidance is in place. It helps that the counselors keep the same students on their caseloads for four years to create and maintain meaningful ongoing relationships. Working with multiple colleges, agencies, organizations, and public services, they help students and their families connect with academic and career opportunities through electives on campus, Regional Occupation Program, the local community college district, and social/emotional resources through group presentations, and the on-campus Wellness Center.

Together, the school counselors, therapists, and psychologists positively change lives and help our students plan for a successful and bright future.

- Jeremy Hunt, Principal

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KATIE HUNTER
Serves Students A - D
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x2229

JIM SPRATLING
DIRECTOR OF GUIDANCE
Serves Students E - K
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x2227

LISA WOODS
Serves Students L - Rel
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x2228

MANDY FIEDLER
Serves Students Ren - Z & EL
mfiedler@eduhsd.k12.ca.us
x2269

All counselors are equipped with a Masters Degree in School Counseling/Education and a Pupil Personnel Services Credential.

BRUIN COUNSELING



AMY DREHER
Counseling Secretary
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x2225

CAMMIE ESCOBAR
College & Career Guidance Specialist
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GAYNOR DRISCOLL
Registrar
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AMANDA SHARPE
School Psychologist
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x2368

MICHELLE HAAKENSEN
Transition Specialist
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x2388

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School Counseling Program



The Ponderosa High School Counseling Program abides by the American School Counseling Association (ASCA) Ethical Standards for School Counselors.



Grade Level Guidance Lessons

Academic :

- 4-Year Plan/Course Planning
- Tips for Success
- Transcripts
- Graduation Requirements

College/Career :

- A-G Requirements
- College Applications
- Career Exploration
- Community College
- Trade School/Certificate Programs
- Financial Aid

Personal/Social :

- Healthy Balance
- Resources for help
- Wellness Center

Grade Level Presentations :

- 9th
- 10th
- 11th
- 12th



Workshop Sessions

The counseling office supports all students through small group workshops in the following areas :

- CSU, UC, Common App and Community College Applications
- FAFSA Completion
- Scholarship Applications
- Course Planning and Selection
- Academic Success
- Dual Enrollment

The wellness center supports students through small groups in the following areas :

- Behavior Therapy
- Anxiety Coping Skills
- LGBTQ Support Group



Individual Counseling

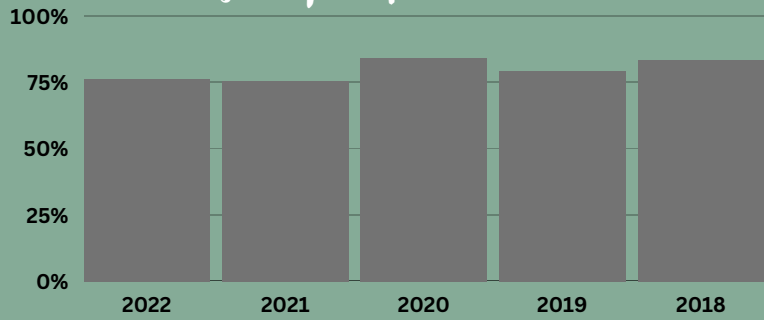
- One-on-one Counseling
- Course Planning
- Academic support
- Credit Recovery
- 504 Plan Management
- Student Study Team (SST)
- Social/Emotional support
- College Applications
- Letters of Recommendation
- Dual Enrollment
- Crisis Intervention
- Connection to resources
- CHSPE/GED/HiSet



Counseling Calendar

ACADEMIC

Advanced Placement Data
Average 5 year pass rate of 79.3%



Goal : to increase the number of students completing A-G and/or CTE Pathway requirements

Class of 2022

57.4% A-G Completion
96.1% Graduation Rate
31% CTE Pathway Completion

Growth in Knowledge

I understand what the EDUHSD Graduation requirements and the A-G Requirements are

Grade	Pre Lesson	Post Lesson
9th	70%	100%
10th	78%	98%

GOAL : TO INCREASE CAREER AWARENESS THROUGH EXPLORATION AND EDUCATIONAL OPPORTUNITIES FOR STUDENTS

41% of 9th & 10th graders completed a Career Interest Profiler

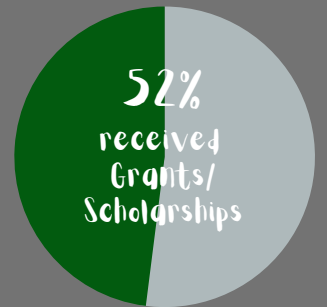


COLLEGE CAREER

Class of 2022

Postsecondary Plans

4 Year College	36%
2 Year College	45%
Voc/Trade School	3%
Military	2%
Work/Other	14%



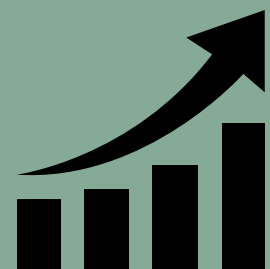
TRENDING 4 YEAR UNIVERSITIES WITH PHS BRUIN ALUMNI

CSU CHICO	UC SANTA CRUZ
CSU CAL POLY	UNIVERSITY OF UTAH
CSU SACRAMENTO	GRAND CANYON UNIVERSITY
UC DAVIS	UNIVERSITY OF NEVADA, RENO
UC SANTA BARBARA	BOISE STATE

SOCIAL EMOTIONAL

GOAL : TO CREATE AN ENVIRONMENT WHERE STUDENTS FEEL CONNECTED, SUPPORTED AND RESPECTED THROUGH RELATIONSHIPS AND ACCESS TO RESOURCES.

THE PHS COUNSELING OFFICE AVERAGES 14 ONE-ON-ONE APPOINTMENTS A DAY



665 INDIVIDUAL COUNSELING SESSIONS IN THE WELLNESS CENTER
164 STUDENTS SERVED IN THE WELLNESS CENTER
129 STUDENTS REFERRED TO THE WELLNESS CENTER

P Pride
H Honor
S Spirit

Our partners provide us with information, training, internships, scholarships, and more.

