



Ponderosa High School

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College Selection. . . How students begin

There are thousands of colleges and universities in the country. How are you going to find the one that's right for you?

Location: A school's climate can be an important consideration for many students, as well as distance from home. Some students choose to go to school relatively close to home, others want to get as far away as possible. For many, college marks the first opportunity for students to live on their own.

Cost: How much you can afford to pay for your education is obviously a major factor in determining where you apply. You don't necessarily have to eliminate schools from your list because the tuition is too high. Instead, begin investigating the many forms of financial aid that are available, including scholarship opportunities. Create accounts at www.scholarships.com and www.fastweb.com and get started today. **Use a secondary email account to avoid spam!!**

Size: Two of the major distinctions between small and large schools are the number of course offerings and the student-faculty ratio. Most large schools have extensive course offerings; however, many courses will probably be extremely large lecture classes, sometimes numbering hundreds of students. At smaller schools there will be more limited course offerings and fewer majors or departments, but most classes will be pretty small.

Setting: If you attend school in a large city, you will have any number of cultural events and activities but you

will also have crowds and noise. Rural campus settings can be very scenic, making it easier to work and study. However, rural campuses are also more isolated and you may find yourself campus-bound for longer periods of time.

Student Life: As you investigate schools, look at the range of activities that are available. It is important that you choose a school where you will feel comfortable, both at work and at play. The best way to judge the social atmosphere at a school is to visit or stay overnight in a dormitory.

Tours: Make actual college visits during spring break, during the summer or whenever possible. Also take advantage of the College visits that take place in the college & Career Center in the Fall where you can speak one-on-one with reps from colleges and universities from all over the United States.

Research colleges online at:
www.princetonreview.com;
www.collegeboard.org;
www.assist.org;
www.aiccu.edu



College Selection	1
California Career Zone	2
Graduation & College Requirements	2
Military Academies	3
Scholarship Advice	3
SAT & ACT	3
Reference Website	3
Central Sierra ROP Courses	4
Calendar These Dates	4
NCAA Clearinghouse	5



Utilize the CA CareerZone website to take fun surveys and inventories to discover more about yourself and how your interests and skills can translate to possible career options! <https://eduhdsd.cacareerzone.org/>

[Make Money Choices](#)

How much money will you need to support your lifestyle, and which occupations will enable you lead the life you want? Developing a budget can help you explore these options

[Interest Profiler](#)

Discover what your interests are, and how they relate to the world of work. The Interest Profiler helps you decide what kinds of occupations and jobs you might want to explore based on your interests

[Quick Assessment](#)

Explore jobs that best match your personality. Are you realistic, investigative, artistic, social, enterprising, or conventional? Find out with this quick assessment

[Work Importance Profiler](#)

What's important to you in a job? Discover how much you value achievement, independence, recognition, relationships, support, and working conditions in a job. Get a list of jobs that reflect

PHS Class of 2024 Graduation Requirements

English	30 credits
Social Studies	30 credits
(World Hist., U.S. Hist., Gov't., Econ.)	
Math	20 credits
(must include Algebra 1)	
Physical Science	10 credits
Life Science	10 credits
Health	5 credits
Computer Technology (ICT)	5 credits
Physical Education	20 credits
Fine Arts/ Foreign Language/CTE	10 credits
Elective	80 credits
Total:	220 credits

A-G College Requirements

- A. **Social Science**—2 years **
- B. **English**—4 years
- C. **Math** —3 years**
(Including Algebra 2)
- D. **Lab Science**—2 years **
(Biology, Chemistry, Adv. Chem , Physics, Anatomy & Physiology, AP Biology, AP Environmental Science, AP Physics)
- E. **Foreign Language**—2 years **
- F. **Visual Performing Art**—1 year
- G. **College Prep Elective**—1 year

**Competitive schools recommend taking at least one additional year.



Military Academies:

If you are a college-bound student who is considering a career in the military, it's not too late to get a nomination to one of the military academies. Visit www.padilla.senate.gov/services/ or mcclintock.house.gov/ and scroll to the bottom and click on "Academy Nomination". Have it finished by the end of summer! Keep your grades up and visit your counselor!!

You should also plan to attend our Military Academy Night on April 13 in the Oak Ridge Multi-Purpose Room.



Scholarship Advice:

- Get involved in your community; become a volunteer. Check out the various service clubs at PHS such as Key Club.
- It's not too late to take on leadership roles in school, athletics, clubs, church, etc. You don't have to be involved with everything, find something you like and dig in deep!
- Begin your student resume now and include the honors, awards, activities, achievements, community service, athletics, etc. (You will need a resume when you apply for local scholarships next year).
- Excel in your classes. Strive for the higher GPA.
- Think of people you might ask for letters of recommendation in the fall. Scholarships usually ask for two or three letters and they sometimes ask that one letter be from a non-faculty member.
- Begin researching scholarships on our local scholarships database (**do not apply until senior year!**)

<https://scholarships.edcoe.org/>

START BUILDING YOUR RESUME now so you are prepared for the college application and scholarship processes.

SAT/ACT Test Dates:

The College & Career Center has practice SAT and ACT test booklets that you can pick up. You can also check out <http://www.revolutionprep.com/programs/> and scroll to the bottom of the page and click on "Take a practice test". Revolution Prep offers free practice tests.

The UC & CSU systems will not use SAT/ACT scores for admissions purposes for the Class of 2024

SAT Test Dates 2023:

Regular Registration:

Late Registration:

Register online at www.collegeboard.com

May 6

April 7

April 25

June 3

May 4

May 23

ACT Test Dates 2023:

Regular Registration:

Late Registration:

Register online at www.actstudent.org

June 10

May 5

May 19

July 15

June 16

June 23

PHS School Code 053373



Quick Reference Websites:

Univ. of California System
<https://admission.universityofcalifornia.edu/>

California State Univ. System
<https://www.calstate.edu/apply>

California Independent Colleges
www.aiccu.edu

California Community Colleges
www.cccco.edu

Western University Exchange
<http://wue.wiche.edu>

(for out-of-state colleges w/ in-state

Career Technical Education/ ROP Courses

The purpose of the Regional Occupational Program (ROP) is to provide students with marketable skills upon completion. ROP works in cooperation with local businesses in the community to provide students on-the-job training on up-to-date equipment.

Anyone 16 years of age or older is eligible to participate in ROP programs. However, enrollment is limited, and first priority is given to high school seniors.

EDUHSD offers the following ROP courses:

- Animal Health
- Automotive Engine
- Cosmetology
- Culinary Arts
- Dental Careers
- Diesel Engine
- Fire Control Technician
- Health Careers
- Law Enforcement
- Metal Fabrication

How much does ROP cost?

There is no registration fee for high school students. Students may be required to pay for uniforms, kits, tools, textbooks, and/or health tests or shots. Check the district website a complete list of fees.

Who provides transportation?

Students must provide their own transportation. Transportation is not provided to and from ROP courses and /or community job sites.

Don't miss out on the EDUHSD Regional Career Expo on March 7, 2023 at Union Mine High School.

- 50+ Careers represented
- Need a job– Part of Career Expo is a Hiring fair! Walk away with a summer job!
- Internship & Volunteer Opportunities as well

Calendar These Important Dates



JUNIOR YEAR CALENDAR

March:

Attend Career Expo on March 7th.
 Study for the SAT and/or ACT test if you plan on taking one of the tests.
 (Revolution Prep & Khan Academy resources).
 Begin Military Academy admission process- obtain letter from Congressman/Senator.

April:

Visit prospective colleges.
 Research colleges using College Board.
 Attend Military Academy Night.

May & June:

Take AP tests.
 Take SAT, and/or ACT tests.

SENIOR YEAR CALENDAR

Summer:

Visit more prospective colleges.
 Volunteer and participate in community service projects.

August & September:

Register for SAT and/or ACT tests.
 Attend EDUHSD College Fair at Union Mine.

October:

Apply for admissions to California State Universities, University of California, and private Colleges/Universities.
 Obtain FSA ID for financial aid documents.
 Submit FAFSA.

November:

Apply for admissions to California State Universities and Universities of California.
 Take the ASVAB Career Exploration / Military Assessment.

December & January:

Apply for Community College.
 Apply for community based scholarships.

February & March:

Submit FAFSA before March 2nd.
 Apply for community based scholarships.
 Apply for Community College.

April & May:

Watch for college deadlines and deposits.
 Send Letter of Intent.
 Graduate!!!!

NCAA INFORMATION—NCAA Eligibility Center

Initial-Eligibility Clearinghouse

All high-school athletes wishing to participate in intercollegiate athletics at an NCAA Division I or Division II must register online with the Initial-Eligibility Clearinghouse. Information about the Clearinghouse can be found in the *Guide for the College-Bound Student-Athlete* http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf.

In the past NCAA has required prospects who intend to enroll at NCAA Division I and Division II institutions to supply ACT or SAT scores to the Clearinghouse directly from the testing agencies. NCAA has voted to waive their testing requirement for the Class of 2023 and beyond.

What requirements do I need to be able to practice, play and get a scholarship at a Division I or Division II school?

You need to complete the following:

- Graduate from high school;
- Complete a minimum of 16 core courses (10 of which must be completed before senior year)
- Present a minimum grade-point average (GPA) in those 16 core courses;

When should a student register with the NCAA Eligibility Clearinghouse?

Students should register with the eligibility center by the end of their junior year in high school. At this time, a transcript, which includes six semesters of grades, should be uploaded to the eligibility center **from the high school. Students need to submit a transcript request form.**

How do I know what Ponderosa classes are considered NCAA Core Courses?

Students should meet with their counselor to have their transcript reviewed for core course eligibility.



NCAA
Eligibility Center

Covid 19
Response



NCAA Eligibility Center