# Pomoerosa High School

## Senior Power!



# Make the best of this year. Graduation is the culmination of your high school climb!



The class of 2022 will be like none other, all you have endured and adjusted to, will be powerful and meaningful.

## May 27, 2022

THE BEST VIEW COMES **AFTER** THE **HARDEST** CLIMB.

## Purpose

#### Senior year at-a-glance

- o SAT/ACT Test Dates
- o College Admissions Review Dates and Websites
- o Financial Aid/Scholarships Dates
- o Letters of Recommendation

Transcript review – legal document Graduation & A-G requirements

NCAA/NAIA

College Exploration - Big Future CA Career Zone

## Counseling Office

Mrs. Hunter A-Dj & AVID khunter@eduhsd.k12.ca.us

Mr. Spratling DI-J
jspratling@eduhsd.k12.ca.us

Mrs. Woods K-Re lwoods@eduhsd.k12.ca.us

Mrs. Hanson Ri-Z&EL khanson@eduhsd.k12.ca.us



\*To make an appointment with your Counselor, please email or call Ms. Smith, Counseling Secretary or your Counselor

Ms. Smith mmsmith@eduhsd.k12.ca.us

Phone (530) 677-2281 ext. 2225

## College & Career Center

Mrs. Escobar

cescobar@eduhsd.k12.ca.us

#### **Explore your options for after high school!**

Scholarships/Financial Aid
College and Career Exploration
Tutors (need one or become one)
Military Information
Work Permits





## Transcript Review

- Different GPAs
- Class Rank ranked by Total Weighted GPA
- Credit Summary Box
- 220 Credits

Your transcript is a LEGAL document it is important to do well all year! Not just during the Fall semester of your senior year. Everything matters!

Student Name Student ID G Last Name, First Name 0000000000 1  Parent/guardian name, address, telephone Parent/Guardian name(s) Address Shingle Springs, CA 95682 Phone number				rade 12						Transcript of Student Progress				
										Ponde 3661 I Shingle	tember 8, 2 rosa High S Ponderosa Springs, Ca	ichool Road A 95682		
Crs-ID	Course Title	Mar	k Att/		٠,	Crs-ID	Course Title	Mad	AHIT			30) 677-228 urse Title		Cmn
	emester 17-18 PON				p	0221	Geometry	В	5.00		CIS-ID CO	urse rive	VIAIR AU	CHIP
	SCHOOL			-		0273W	LifeFit2:Weight	A-	5.00					
p 0102 p 0212	Adv English 1 Algebra 1	A	5.00	5.00	P	0311	Blology	A-	5.00					
p 0212	Life Fitness 1		5.00		p	0413 0581	Spanish 3 Child Develop.	A A	5.00	5.00				
p 0305	Earth/Space Sci			5.00	p		35.00 Cmp: 35.0							
p 0412	Spanish 2	Α-		5.00	Cod		emester 19-20 PO							
0451	ICT Foundations	-		5.00	Gra	I I FIISE S	SCHOOL	NDER	USA I	niGri				
p 0660	GeneralChorus	A+	5.00	5.00	p	0121	English 3	B+	5.00	5.00				
Credit A	tt: 35.00 Cmp: 35.00	TGP	A: 4.00		p	0163	US History/Geog	A	5.00	5.00				
Grd 9 Sec	ond Semester 17-18		IDERO:	SA	p	0227	Adv Algebra 2	C+	5.00					
- BARC	HIGH SCHOOL				p	0320	Adv Chemistry	В	5.00					
p 0102 p 0212	Adv English 1 Algebra 1	A	5.00	5.00	+ p		AP Spanish Lang			5.00				
p 0212 0265	Health	A.		5.00	<u> </u>	0877	Stu.Leadership	A		5.00				
0271	Life Fitness 1	A-			_		: 30.00 Cmp: 30.0 nd Semester 19-2							
p 0305	Earth/Space Sci				9	u 11 3ecc	HIGH SCHOOL		DERU	MA				
p 0412	Spanish 2	Α-		5.00	D	0121	English 3	Α	5.00	5.00				
p 0660	GeneralChorus	A-	5.00	5.00	p	0163	US History/Geog	A+	5.00	5.00				
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ird 10 First	Semester 18-19 PO	NDEF	ROSA I	HIGH	p	0320	Adv Chemistry	В	5.00	5.00				
	SCHOOL			1 9	+ p		AP Spanish Lang			5.00				
p 0111	English 2	A-		5.00		0877	Stu.Leadership		5.00		1			
p 0174 p 0221	World History	A		5.00	_		30.00 Cmp: 30.0							
P	Geometry LifeFit2:Weight	A+	5.00	5.00			ess- PONDEROS							
p 0311	Blology		0.00	5.00	p	0144	CSU-ExpRdgWn Economics	g	5.00					
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	SPA (10-12) 3.6		3.54								World History	10.00		
	GPA (9-12) 3.7		3.72								U S Hist/Geog	10.00		
	Credit Attempted:	200	00								Amer Government			5.00
	Credit Completed:										Economics	5.00		5.00
											Physical Science	10.00	10.00	
Class Size: 485 Class Rank: 119 10-12 Rank: 138										Life Science	10.00			
										Cr Arts/For Lang/0		10.00	8	
Ranked by Weighted Total GPA				_						Physical Education		20.00		
District Enter: 8/7/2017											Health	5.00		35
School Enter: 8/7/2017										Computer Tech	5.00		3 8	
											English Algebra 1	30.00 10.00		3 5
Cl										Algebra 1 Mathematics	10.00			
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					- 1						Control of the Contro			-
					- 1						"TOTALS"	220 00	200.00	20.00

## Graduation vs A-G Requirements

Subjects	High School Grad	UC/CSU Admission			
	Requirements	Requirements			
Social Studies	3 years (30 credits)	2 years			
English	3 years (30 credits)	4 years			
Mathematics	2 years (20 credits)	3 years (UC recommends 4)			
Science	2 years (20 credits)	2 years (must be lab classes) (UC recommends 3 years)			
Foreign Language		2 years (UC recommends 3 years)			
Visual and Performing Art		1 year			
Electives	80 credits	1 year			
	(can be in any area including	(College Prep			
	those listed above)	Elective)			
Foreign Language <b>OR</b>	1 year (10 credits)				
Visual and Performing Art					
<b>OR</b> CTE					
Health Education	1 semester (5 credits)				
Technology Proficiency	1 semester (5 credits)				
Physical Education	2 years (20 credits)				
****	3000	*Must pass all classes			
	*220 Total Credits	with C or better			
		*ACT or SAT Test (varies			
		by campus)			

## College Admissions

The Admissions Process has Several Components

- A. Grades
  - A-G Requirements
  - Good Grades C or better
  - Level of coursework
- B. SAT/ACT scores \* Due to COVID-19 some colleges/universities are test optional meaning you choose whether or not to submit SAT/ACT scores. Review every college(s) admissions requirements for specifics.
- c. Extra-Curricular Activities
  - Community Service, Sports, Theater, Band, Clubs, Leadership, Internships, Youth Groups...

\*More details during next weeks breakout session\*

## SAT Test

The SAT is offered through the College Board. Due to COVID-19 there are limitations to testing centers based on public safety guidelines. Be sure to check the collegeboard.org for all up-to-date information and changes.

Register online at <u>collegeboard.org</u>
Cost: \$55

#### **SAT Test Dates**

o October 2nd Register by September 3rd \*late registration available

o November 6th Register by October 8th

o December 4th Register by November 4th

Test must be taken by November 2021.

\* Make sure to check the college(s) deadline SAT Study Guides are available in the College and Career Center

## ACT Test

Due to COVID-19 there are limitations to testing centers based on public safety guidelines. Be sure to check the act.org for all up-to-date information and changes.

Register to take the act.org

Costs: \$60

ACT test with writing: \$85

#### **ACT Test Dates**

o October 23rd

o December 11th

Register by September 17th Register by November 5th

#### Don't miss out!

Check out these opportunities to learn specific information about different colleges.

\*\*All registrations must be completed online!\*\*

The links to register for any of these Virtual College Fairs can be found on the PHS College and Career Center website under the College Information tab.





## Financial Aid

#### • FAFSA

When? October 1stDeadline: March

#### 2nd

- o How?
  - Apply Online at www.fafsa.ed.gov

## Local Scholarships: There is one for everyone! scholarships.edcoe.org

- PHS Athletic Booster Club Scholarship-Played 2 years of Varsity Sport at Ponderosa
- Cameron Park Rotary Community Foundation \$2000 for a student who will be attending a community college or vocational program
- ♦ Jacob Fine Memorial Scholarship- Student who has faced adversity or challenge in their life

#### Financial Aid Night

- o October 20th
- o 6:00 pm
- o @ Oak Ridge HS

#### FAFSA Workshop

- November 17th
- o 6:00 pm

#### CSS/Financial Aid Profile

 Required by some Private Colleges (visit College & Career Center for more info)

### **NCAA**

#### National Collegiate Athletic Association

<u>Eligibility Center</u> - Any student athlete participating in a sport at a NCAA Division I or II school MUST be cleared through the NCAA Eligiblity Center.

https://www.ncaa.org/student-athletes/future

- Create a free Profile Page if you plan to compete at a Division III school OR are not sure yet where you will compete
- Need to have a Certification Account through the NCAA Eligibility Center compete at an NCAA Division I or II school. Will need to Certify your account to make official visits to DI and DII schools OR to sign a National Letter of Intent
- NCAA is <u>not</u> requiring SAT/ACT scores for eligibility for Fall 2022 but if have scores you should still send them directly to NCAA
- Academic requirements just as important as A-G's and often more
- \$90 fee for a Certification Account. You can upgrade your free profile to a Certified Account.

## NAIA

National Association of Intercollegiate Athletics

https://play.mynaia.org/

- \$90
- Must request with our Registrar to upload your transcript to the NAIA portal

#### Eligibility Center - to register

PlayNAIA.org is the official clearinghouse for NAIA eligibility. Every student-athlete must register with the NAIA Eligibility Center to play sports at an NAIA college or university.



## Community College Timeline

- Step 1: Apply (Starting in October)
  <a href="http://www.flc.losrios.edu/">http://www.flc.losrios.edu/</a>
- Step 2: Get Financial Help (Complete your FAFSA)
  - Step 3: Complete Orientation
- Step 4: Check your Los Rios email for next steps
- We will elaborate on this more in our breakout session next week

## Important Dates

CSU and UC application deadlines are November 30<sup>th</sup> 2021

Check Private and out of state colleges for application deadlines

College Fair Virtual Presentations – Dates vary, check CCC webpage for details and zoom links

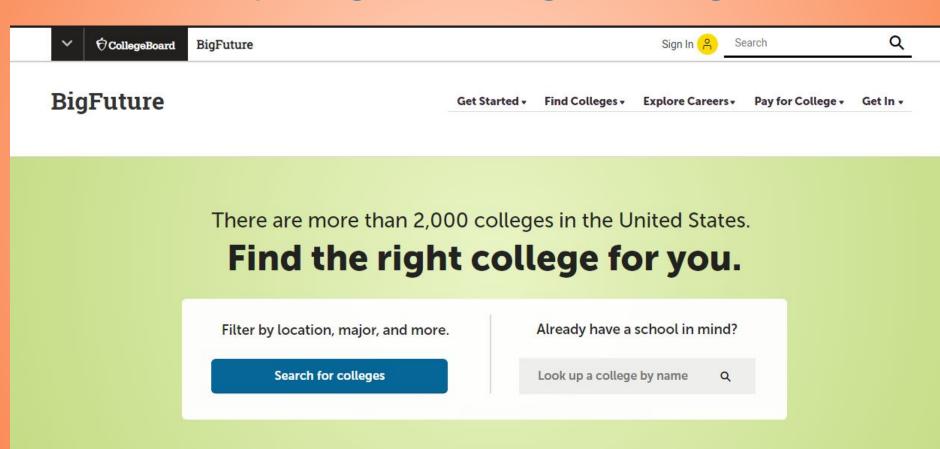
Financial Aid Night- October 20th 2021 FAFSA Workshop- November 17th 2021

## Recommendations You are responsible for....

- Pay Attention to Deadlines! There are no exceptions once you have missed a deadline
- Create a Post High School binder to keep copies of all applications, LOR, resume, and important documents
- Take the ASVAB on October 25th & February 7th if you are interested in the military
- Check out our College and Career Center for ongoing information about colleges and scholarships.

## BIG FUTURE!!!

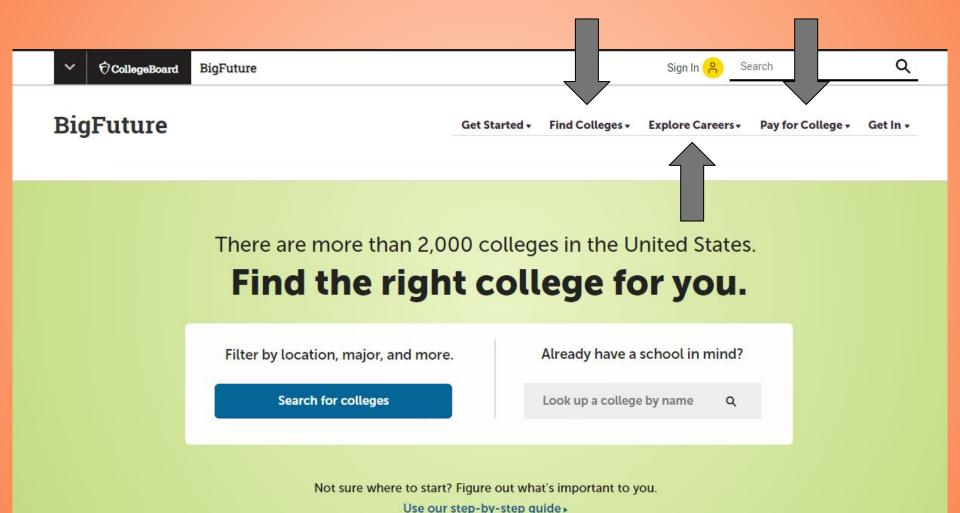
https://bigfuture.collegeboard.org/



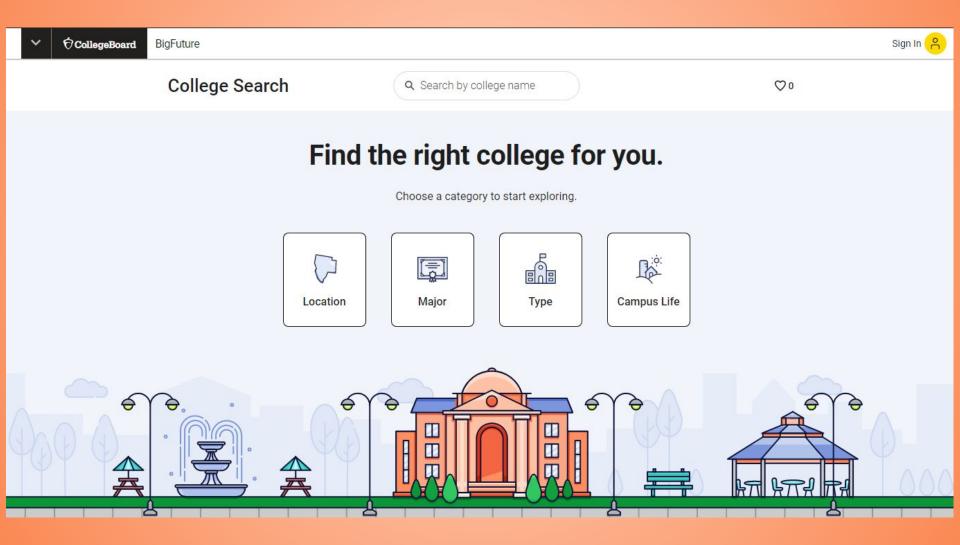
Not sure where to start? Figure out what's important to you.

Use our step-by-step guide.

## BIG FUTURE!!!



## BIG FUTURE!!!



## CAREER ZONE

https://eduhsd.cacareerzone.org/signin



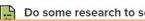
Explore V Decide V Grow V Search Q

#### What's your plan?



A California CareerZone account can help keep your plan on track...





**GET STARTED** 

## CAREER ZONE

### A California CareerZone account can help keep your plan on track...



Take an assessment to see what you might be interested in doing



Do some research to see what your choices entail

Develop a budget to make = sure your choices can support your plan



Document your plan

## Questions?



This presentation can be found on the College & Career Center website.