

# #ICANHELP

parent workshop



## Instagram, Snapchat & Tumblr, OH MY!

Parenting a child or teen in this digital age can be a challenge.

**Join #ICANHELP for a discussion on technology and social media.**

Tuesday, April 18, 6:30-7:30pm  
Oak Ridge High School Theater  
1120 Harvard Way  
El Dorado Hills

Learn tips, tricks and some safety basics for all social media sites and mobile devices to keep your kids safe online. Walk away with talking points and a knowledge of what you and your family need to do to be great digital citizens.

**All parents are welcome to attend with their pre-teens or teens!**

