

Ponderosa High School

Junior
Meetings



Purpose:

- ☞ Transcript review
- ☞ Graduation requirements
- ☞ A-G requirements
- ☞ College Admissions
- ☞ Senior Year Timeline

Transcript Review

☞ Different GPAs

☞ Class Rank

☞ Credit Summary Box

High School Graduation Requirements

∞ 240 Credits

(see credit summary box on transcript)

∞ CAHSEE Math & ELA

High School Requirements vs. UC/CSU Requirements

<u>Subject</u>	<u>High School</u>	<u>UC/CSU</u>
A) Social Studies	30 credits	20 credits (30 rec)
B) English	40 credits	40 credits
C) Math	30 credits	30 credits (40 rec)
D) Science	20 credits	20 credits (30 rec)
E) Foreign Language	<u>10 credits</u>	20 credits (30 rec)
	<u>or</u>	
F) Visual & Performing Art	<u>10 credits*</u>	10 credits
G) Elective	80 credits	10 credits
Physical Education	20 credits	
Health	5 credits	
ICT Foundations	5 credits	

* High school graduation requirement: 10 credits combined in fine arts, foreign language, or career tech.

College Admissions

The Admissions Process has Several Components

A. Grades

- A-G Requirements
- Good Grades – C or better
- Level of coursework

B. SAT/ACT scores

C. Extra-Curricular Activities

- Community Service, Sports, Theater, Band, Clubs, Leadership, Internships, Youth Groups...

College Admissions Testing

∞ ACT

www.ACT.org

- or -

∞ SAT I (Reasoning Test)

www.collegeboard.com

∞ SAT II (Subject Tests) NOT REQUIRED

Options - history, literature, science, language other than English,
or mathematics level 2 only

- A few UC campuses already have determined SAT Subject Test recommendations for specific colleges or schools, and majors.
- May assist your admissions chances for the more difficult majors: Engineering, Science, Math

College Admissions Testing

∞ SAT Test Dates

- May 2nd Register by April 6th
- June 6th Register by May 8th

∞ ACT Test Dates

- April 18th Register by March 13th
- June 13th Register by May 8th

∞ December 2015 is last test date for College Admissions

∞ Kaplan and other private companies provide courses to help with test-taking strategies (upwards of \$699!)
- college & career center

EAP & SBAC

- ☞ Early Assessment Program & Smarter Balanced Assessment Consortium
- ☞ April 13 – 17 for English
- ☞ April 20-23 for Math
- ☞ Can exempt you from needing to take further placement tests for college level courses (CC, CSU)

California's 4 Systems of Higher Education

☞ Community College

- 2 yr Junior Colleges: complete General Ed coursework then transfer to 4 yr University
- AA degree, Certificates

☞ California State University (CSU)

- 23 campuses (San Diego, Northridge, Cal Poly SLO, San Francisco, etc)

☞ University of California (UC)

- 9 campuses (San Diego, Los Angeles, Santa Barbara, Santa Cruz, etc)

☞ Private/Independent Colleges

- About 125 in CA (Stanford, University of the Pacific, Westmont, Azusa, Claremont Colleges, Santa Clara, etc)

Freshmen Admission Profiles 2014 - UCs

☞ UC Berkeley –

☞ 17.3% Admission Rate

- High School GPA: 4.18
- ACT Composite Score: 31
- SAT Critical Reading: 677
- SAT Mathematics: 703
- SAT Writing: 691

☞ UC San Diego –

☞ 33.4% Admission Rate

- High School GPA: 4.13
- ACT Composite Score: 30
- SAT Critical Reading: 651
- SAT Mathematics: 699
- SAT Writing: 668

UC Merced—

64% Admission Rate

- High School GPA: 3.61
- ACT Composite Score: 24
- SAT Critical Reading: 535
- SAT Mathematics: 563
- SAT Writing: 540

☞ UC Santa Barbara –

☞ 36.1% Admission Rate

- High School GPA: 4.03
- ACT Composite Score: 29
- SAT Critical Reading: 623
- SAT Mathematics: 662
- SAT Writing: 640

☞ UC Davis –

☞ 40.6% Admission Rate

- High School GPA: 4.07
- ACT Composite Score: 28
- SAT Critical Reading: 620
- SAT Mathematics: 667
- SAT Writing: 637

Freshmen Admission Profiles 2014- CSUs

☞ Sac State-

☞ 72.7% Acceptance Rate

- High School GPA: 3.27
ACT : 20
SAT : 956

☞ Chico State—

☞ 73.9% Acceptance Rate

- High School GPA: 3.25
ACT : 21
SAT : 1020

☞ San Diego State-

☞ 32.9% Acceptance Rate

- High School GPA: 3.36
ACT : 23
SAT : 1085

☞ Cal Poly San Luis Obispo

☞ 30.8% Acceptance Rate

- High School GPA: 3.98
ACT : 29
SAT : 1316

UC/CSU prices vary substantially based on location and housing options

2014-2015	Community College	CSU	UC	Private/ Independent
Registration Fees and Tuition*	\$1,104 - \$1,500	\$5,963 - \$8,919	\$12,192 - \$14,800	\$28,764 - \$46,952
Books and Supplies	\$1,826	\$1,826	\$1,826	\$1,826
Room and Board	\$4,000 - \$11,646	\$9,200 - \$14,745	\$12,254 - \$15,035	\$7,650 - \$13,970
		on campus housing	on campus housing	on campus housing
Transportation	\$1,496	\$1,496	\$1,496	\$1,496
Personal Expenses	\$1,364	\$1,364	\$1,364	\$1,364
Total Expenses	\$9,790 - \$17,832	\$19,894 - \$28,350	\$29,132 - \$34,521	\$41,100 - \$65,608

Ponderosa High School

Senior Statistics (2013 Graduates)

∞ 45% will attend a 4-yr College

∞ 43% will attend a 2-yr College or Vocational School

Acceptance:

United States Military Academies:
Air Force, Annapolis and West Point

Biola University
Berklee College of Music
Boston College
Brigham Young University
California Institute of Technology
California Maritime Academy
All California State Universities
Denver University
Harvard
MIT
The Masters College
Mount Holyoke

Oberlin College
Oregon State University
Pepperdine University
Princeton
St. Mary's College
Stanford University
University of California:
Davis, Berkeley, Irvine, Los Angeles,
Riverside, Santa Cruz, San Diego
& Santa Barbara
University of Nevada, Las Vegas & Reno
University of Puget Sound
University of the Pacific
University of San Francisco
University of Santa Clara
University of Southern California
Wellesley

NCAA

- ☞ www.eligibilitycenter.org
- ☞ Must Register NOW!!!
- ☞ More info in the Junior Newsletter
- ☞ ACT/SAT scores must be sent directly to the Clearinghouse
- ☞ Academic requirements just as important as A-G's

Senior Year Timeline

∞ Junior Year (spring) – SAT/ACT testing

∞ Senior Year

- Oct/Nov/Dec – College Applications!
- Jan/Feb – Financial Aid (FAFSA)
- March/April – Local scholarships, Cal Grant, College Acceptance
- May/June – College Acceptance, Graduation

∞ **Pay Attention to Deadlines!**

∞ Transcripts & Letters of Recommendation

- Time required – 3 weeks advance notice!

Recommendations

- ☞ VISIT COLLEGES this spring/summer
- ☞ Check out our Career Center for info on colleges
- ☞ Consider Advanced Education courses at FLC
 - 2.70 GPA / course not offered at PHS / available March-April
- ☞ Register for SAT / ACT / NCAA Clearinghouse
- ☞ Consider ROP courses for Senior Year classes to gain career-ready experiences



PONDEROSA HIGH SCHOOL

3661 Ponderosa Road Shingle Springs, CA 95682
(530) 677-2281 OR (916) 933-1777



[HOME](#) |

[Counseling Office](#) |

[Tutor Request Form](#)

*Complete form on-line, save,
and attach to email.*

Phone: (530) 677-2281, ext 2224

Career Center

College Information

[CEEB School Code 053373](#)

[ACT Student.org](#)

[Collegeboard.com](#)

[Collegeatlas.org](#)

[College & Career On-Line Resources](#)

[College Basics](#)

Scholarships for the Week

- [2/6/13](#)
- [2/4/13](#)
- [1/28/13](#)
- [1/21/13](#)
- [1/14/13](#)
- [12/17/12](#)
- [12/10/12](#)
- [12/3/12](#)
- [11/13/12](#)
- [11/5/12](#)
- [10/29/12](#)
- [10/19/12](#)
- [10/1/12](#)
- [9/24/12](#)
- [9/17/12](#)
- [9/11/12](#)
- [9/3/12](#)

Mark Your Calendar

- Sierra College Spring 2013 [Parent Information Nights](#)
- Steps to College 2013 Northern California University Fair for Latino High School Students [February 2, 2013](#)
- Engineer's Day, University of Nevada-Reno: [April 18, 2013](#)
- Chevron Frontiers of Energy Resources Summer Camp 2013

Career Center Website

NAVIANCE

Welcome to Family Connection

User name and password are the same as your school computer login

username

password

remember me

Log In

[forgot your password?](#)

[need additional help?](#)

are you new here?

[I'm a guest](#)

[I need to register](#)



Ponderosa High School

3661 Ponderosa Rd.

Shingle Springs CA 95682-9435

☎ 530-677-2281

Naviance Log-In

- ☞ Go to the Bruin website and access the Counseling page to find the link for Naviance.
- ☞ SAME log-in as computer log-in **except** the password (add your initials in front of your password).
- ☞ **Username:** first four letters of your last name+ the last four digits of your student number
- ☞ **Password:** first name initial + last name initial + last four digits of your Permanent ID

Step 1: click on “about me” tab

Ponderosa High School

Logged in as: [name] Crawford ([log out](#))

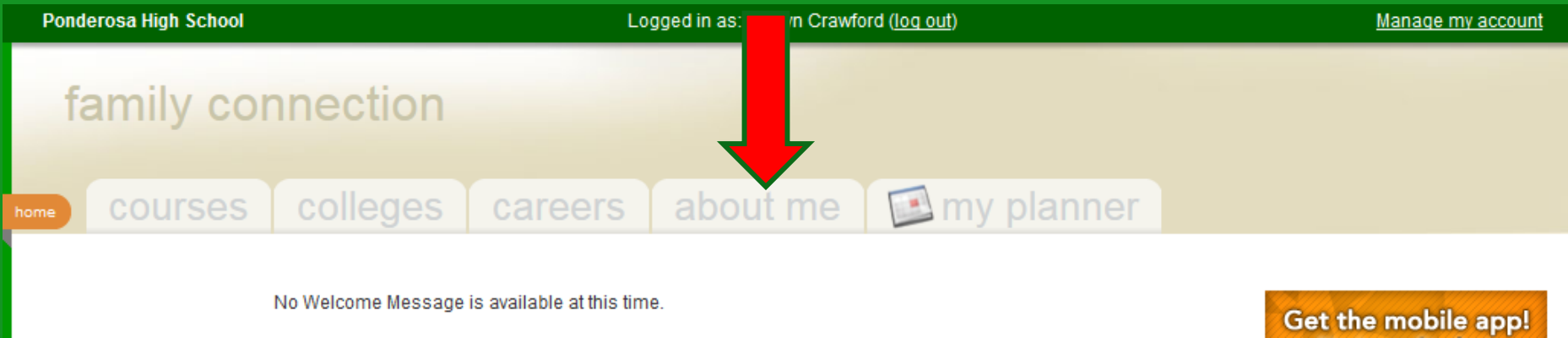
[Manage my account](#)

family connection

home | [courses](#) | [colleges](#) | [careers](#) | **[about me](#)** | [my planner](#)

No Welcome Message is available at this time.

[Get the mobile app!](#)



Step 2: click on “career interest profiler”

home | [courses](#) | [colleges](#) | [careers](#) | **[about me](#)** | [my planner](#)

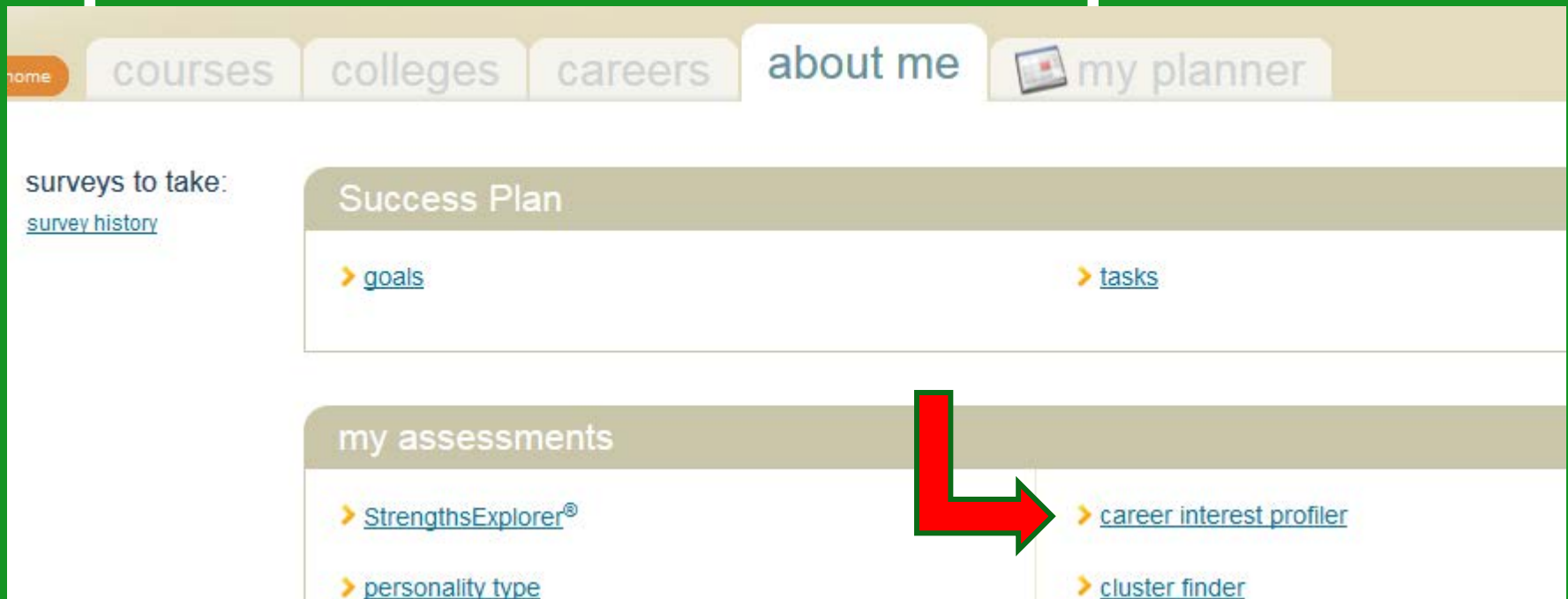
surveys to take:
[survey history](#)

Success Plan

- [goals](#)
- [tasks](#)

my assessments

- [StrengthsExplorer®](#)
- [career interest profiler](#)
- [personality type](#)
- [cluster finder](#)



Step 3: "Start Profiler"

family connection

home

courses

colleges

careers

about me



my planner

search for careers:

Go

[MORE SEARCH OPTIONS >>](#)

Career Interest Profiler

Introduction

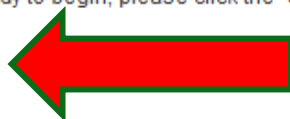
You are about to begin the Career Interest Profiler, a tool that can help you discover the types of work activities and careers that match your interests. The interest profiler has 180 questions about work activities that people do at their jobs.

When choosing your answers, think about whether you would like or dislike doing a particular work activity if you had a chance to do it. Try not to think about whether you have enough education or training to perform the activity.

This is not a test. There are no right or wrong answers. The more accurately you answer each question, though, the better your results will be. If you need to leave the profiler in the middle and return later, remember to complete all the answers on the page you are on and click the "Save and Continue" button. When you return to this section, you will pick up where you left off.

When you are ready to begin, please click the "Start Profiler" button below.

Start Profiler



explore careers

> [favorite careers & clusters](#)

> [explore careers & clusters](#)

what are my interests?

> [cluster finder](#)

> [career interest profiler](#)

Step 4: View Matching Occupation List

family connection

home courses colleges careers about me my planner

search for careers: Go

MORE SEARCH OPTIONS >>

explore careers

- > [favorite careers & clusters](#)
- > [explore careers & clusters](#)

what are my interests?

- > [cluster finder](#)
- > [career interest profiler](#)


my career interest profiler

Here are your results:

- Realistic: 5
- Investigative: 2
- Artistic: 8
- Social: 11
- Enterprising: 1
- Conventional: 0

Your strongest interests are in **green**. You can think about your interests as work activities you like to do. Your interests can help you find occupations you might like to explore. The more an occupation meets your interests, the more likely it is to be satisfying and rewarding to you.

Are you ready to explore the occupations that match your interests? Just click the button below.

[View Matching Occupation List](#) 

Definitions

Realistic: Realistic occupations frequently involve work activities that include practical, hands-on problems and solutions. They often deal with plants, animals, and real-world materials like wood, tools, and machinery. Many of the occupations require working outside, and do not involve a lot of paperwork

Step 5: Choose a potential Career

> [favorite careers & clusters](#)

> [explore careers & clusters](#)

what are my interests?

> [cluster finder](#)

> [career interest profiler](#)

Some Preparation ?

- [Childcare Workers](#)
- [Home Health Aides](#)
- [Occupational Therapy Aides](#)

Medium Preparation ?

- [Occupational Therapy Assistants](#)
- [Preschool Teachers, Except Special Education](#)
- [Self-Enrichment Education Teachers](#)
- [Critical Care Nurses](#)
- [Fitness Trainers and Aerobics Instructors](#)
- [Nannies](#)
- [Tour Guides and Escorts](#)
- [Vocational Education Teachers, Postsecondary](#)

Considerable Preparation ?

- [Adult Basic and Secondary Education and Literacy Teachers and Instructors](#)
- [Career/Technical Education Teachers, Secondary School](#)
- [Kindergarten Teachers, Except Special Education](#)
- [Middle School Teachers, Except Special and Career/Technical Education](#)
- [Park Naturalists](#)
- [Recreational Therapists](#)
- [Special Education Teachers, Middle School](#)
- [Substance Abuse and Behavioral Disorder Counselors](#)
- [Choreographers](#)



Step 6: Decide on a potential college major & click on (find colleges)

Related Occupations

- [Animal Trainers](#)
- [Dietetic Technicians](#)
- [Dietitians and Nutritionists](#)
- [Museum Technicians and Conservators](#)
- [Nonfarm Animal Caretakers](#)
- [Nursery and Greenhouse Managers](#)
- [Residential Advisors](#)

Related College Majors

- [Natural Resources/Conservation, General](#) ([find colleges](#))
- [Water, Wetlands, and Marine Resources Management](#) ([find colleges](#))
- [Land Use Planning and Management/Development](#) ([find colleges](#))
- [Natural Resources Management and Policy, Other](#) ([find colleges](#))
- [Forestry, General](#) ([find colleges](#))
- [Forest Sciences and Biology](#) ([find colleges](#))
- [Forest Management/Forest Resources Management](#) ([find colleges](#))
- [Forestry, Other](#) ([find colleges](#))
- [Wildlife and Wildlands Science and Management](#) ([find colleges](#))
- [Natural Resources and Conservation, Other](#) ([find colleges](#))



Step 7: Choose a college

home courses colleges careers about me my planner

search for colleges: Go
MORE SEARCH OPTIONS >>

college lookup

Colleges Offering Forestry, General


Name	Location
University of Alaska Fairbanks - Fairbanks Campus	Fairbanks, AK
University of Alberta	Edmonton, AB
Albright College	Reading, PA
University of Arkansas at Monticello	Monticello, AR
Bakersfield College	Bakersfield, CA
Barton County Community College	Great Bend, KS
Baylor University	Waco, TX
University of British Columbia	Vancouver, BC
California Polytechnic State University, San Luis Obispo	San Luis Obispo, CA
University of California, Berkeley	Berkeley, CA
Centralia College	Centralia, WA
Chemeketa Community College	Salem, OR
Clemson University	Clemson, SC

my colleges

- > [colleges I'm thinking about](#)
- > [colleges I'm applying to](#)
- > [college visits](#)

college research

- > [SuperMatch™ college search](#)
- > [college match](#)
- > [college lookup](#)
- > [college search](#)



Step 8: Add to Colleges I'm Thinking About

Bakersfield College :: Bakersfield, CA :: U.S.

DOMESTIC ADMISSIONS

Phone: +1-(805)395-4301

Fax: N/A

Financial aid: +1-(661) 395-4427

E-mail: N/A

INTERNATIONAL ADMISSIONS

Phone: N/A

Fax: N/A

Financial aid: N/A

E-mail: N/A



Go

MORE SEARCH OPTIONS >>

my colleges

> [colleges I'm thinking about](#)

> [colleges I'm applying to](#)

> [college visits](#)

college research

> [SuperMatch™ college search](#)

> [college match](#)

> [college lookup](#)

[VISIT WEBSITE](#) | [ADD TO COLLEGES I'M THINKING ABOUT](#)

GENERAL INFO

ADMISSIONS

FINANCIAL AID

MAJORS AND DEGREES

STUDENT LIFE

Scheduled Visits

No visits scheduled.

Application Deadlines

General Information

School Type: Public

Enrollment: 17,770

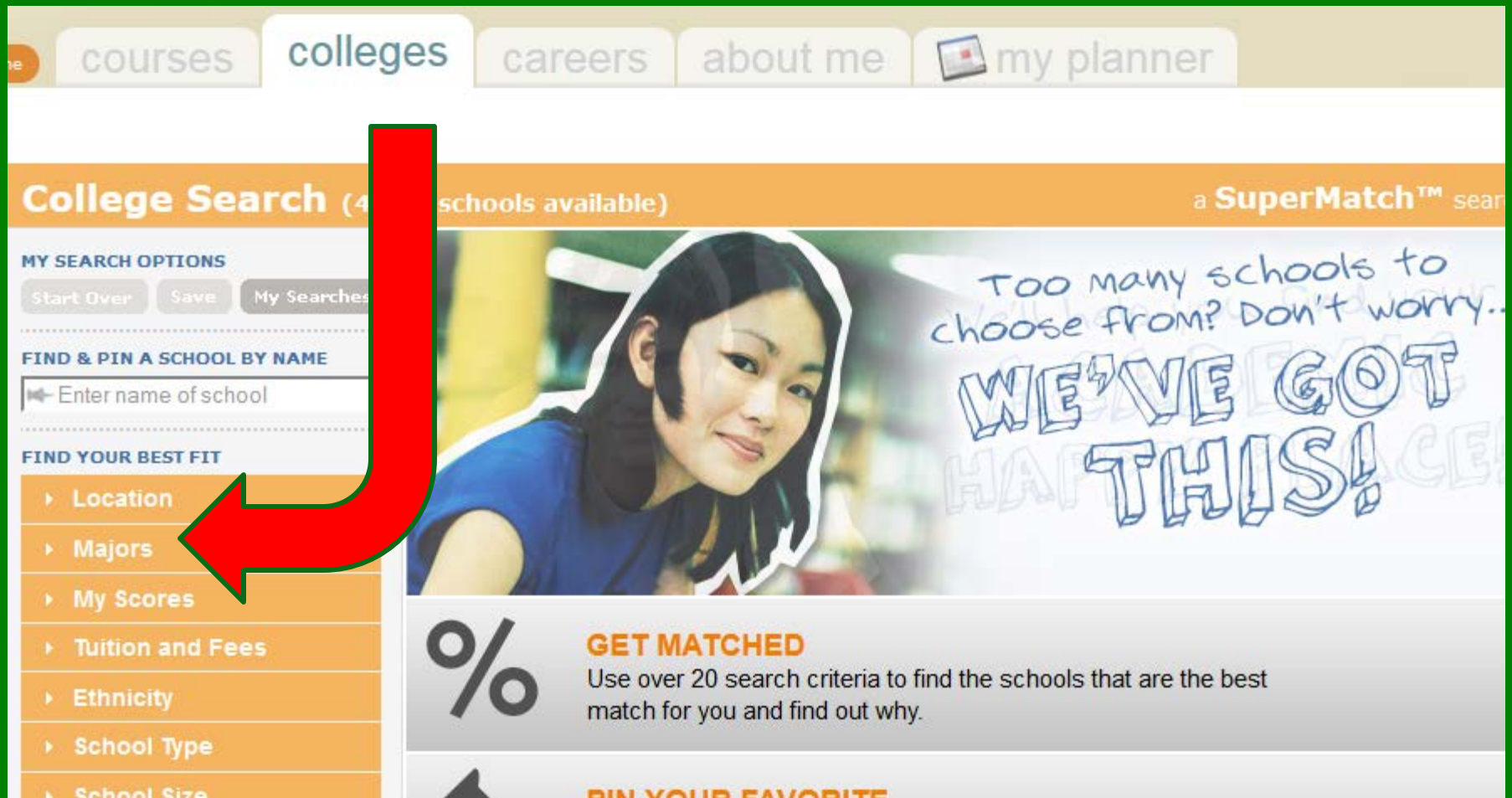
Religious Affiliation: -

Step 9: Go to the Colleges tab

The screenshot shows the 'family connection' website interface. At the top, there is a navigation bar with tabs: 'home', 'courses', 'colleges', 'careers', 'about me', and 'my planner'. A red arrow points to the 'colleges' tab. Below the navigation bar, there is a search section for colleges with a text input field, a 'Go' button, and a link for 'MORE SEARCH OPTIONS >>'. To the left, under 'resources', there is a link for 'test scores'. The main content area is divided into two sections: 'my colleges' and 'college research'. The 'my colleges' section contains links for 'colleges I'm thinking about' and 'colleges I'm applying to', and a box for 'Upcoming college visits' which currently shows 'No upcoming visits.'. The 'college research' section contains links for 'SuperMatch™ college search', 'college match', and 'college lookup', and a box for 'college resources' which contains links for 'college resources', 'college maps', and 'enrichment programs.'. A red arrow points to the 'SuperMatch™ college search' link.

Step 10: Click on SuperMatch college search

Step 11: Search for a college using your desired major



The screenshot shows a website interface for college search. At the top, there are navigation tabs: 'courses', 'colleges', 'careers', 'about me', and 'my planner'. Below this is a header for 'College Search (4 schools available)' with a 'SuperMatch™' search option. The main content area features a large image of a young woman with a white outline around her head, and handwritten text that reads: 'Too many schools to choose from? Don't worry... WE'VE GOT HAPPY THIS! CE'. To the left of the image is a sidebar with search options. A large red arrow points from the top of the sidebar down to the 'Majors' filter option. The sidebar includes sections for 'MY SEARCH OPTIONS' (with 'Start Over', 'Save', and 'My Searches' buttons), 'FIND & PIN A SCHOOL BY NAME' (with an input field for 'Enter name of school'), and 'FIND YOUR BEST FIT' (with a list of filters: Location, Majors, My Scores, Tuition and Fees, Ethnicity, School Type, and School Size). Below the image, there is a section titled 'GET MATCHED' with a percentage symbol and the text: 'Use over 20 search criteria to find the schools that are the best match for you and find out why.' At the bottom, there is a partially visible section titled 'PIN YOUR FAVORITE'.

courses colleges careers about me my planner

College Search (4 schools available) a SuperMatch™ search

MY SEARCH OPTIONS
Start Over Save My Searches

FIND & PIN A SCHOOL BY NAME
Enter name of school

FIND YOUR BEST FIT

- Location
- Majors
- My Scores
- Tuition and Fees
- Ethnicity
- School Type
- School Size

Too many schools to choose from? Don't worry...
WE'VE GOT HAPPY THIS! CE

% GET MATCHED
Use over 20 search criteria to find the schools that are the best match for you and find out why.

PIN YOUR FAVORITE

Step 12: Choose a college & add it to “colleges I’m thinking about”

home courses **colleges** careers about me my planner

search for colleges:

Go
MORE SEARCH OPTIONS >>

Humboldt State University :: Arcata, CA :: U.S.

DOMESTIC ADMISSIONS Phone: +1-(707)826-4402 Fax: +1-(707)826-6190 Financial aid: +1-(707) 826-4321 E-mail: N/A	INTERNATIONAL ADMISSIONS Phone: N/A Fax: N/A Financial aid: N/A E-mail: N/A
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my colleges

- > [colleges I'm thinking about](#)
- > [colleges I'm applying to](#)
- > [college visits](#)

college research

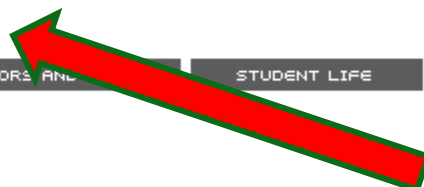
- > [SuperMatch™ college search](#)
- > [college match](#)

[VISIT WEBSITE](#) | [ADD TO COLLEGES I'M THINKING ABOUT](#)

GENERAL INFO | ADMISSIONS | FINANCIAL AID | **MAJORS AND CAREERS** | STUDENT LIFE

Scheduled Visits No visits scheduled.	General Information School Type: Public Enrollment: 7,767 Religious Affiliation: -
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Application Deadlines	
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Step 1: Click on “About Me” tab

Step 2: Click on “Career Interest Profiler”

Step 3: Start Profiler

Step 4: View Matching Occupations List

Step 5: Choose a potential career

**Step 6: Decide on a potential college major and
click on (find college)**

Step 7: Choose a college

Step 8: Add to “Colleges I’m Thinking About”

Step 9: Go to the “Colleges” tab

Step 10: Click on “SuperMatch College Search”

Step 11: Search for a college using your desired major

**Step 12: Choose a college & add it to
“colleges I’m thinking about”**