

Ponderosa High School  
 3661 Ponderosa Road, Shingle Springs, CA 95682-9460  
 School Phone: 530-677-2281

Fax: 530-677-2299

Superintendent  
 Steve Wehr

Principal  
 Lisa Garrett

Mascot  
 Bruins

Athletic Director  
 Tyson Escobar

### 2017-2018 Ponderosa Bruins Wrestling Schedule

DAY	DATE	EVENT	OPPONENT	LOCATION	TIME	DISMISSAL	DEPARTURE
Monday	11/6/2017	Practice Begins		PHS - Wrestling Room	3:00 PM		
Wednesday	11/15/2017	Parent Meeting		PHS - Theater	5:30 PM		
Wednesday	11/15/2017	Hydration Testing		PHS - Boys Locker Room	3:00 PM		
Wednesday	11/29/2017	PHS Scrimmage	Varsity Scrimmage	Ponderosa High School	5:00 PM		
Friday	12/1/2017	Ponderosa Duals	Varsity Tournament	Ponderosa High School	9:00 AM		
Saturday	12/2/2017	Ponderosa Duals	JV Tournament	Ponderosa High School	9:00 AM		
Wednesday	12/6/2017	CVC Dual Meet	*Antelope High School	Ponderosa High School	6:00 PM		
Saturday	12/9/2017	Varsity Tournament	James Riddle Invitational	Oakdale High School	9:00 AM		
Saturday	12/9/2017	JV Tournament	Mountain Man Invitational	El Dorado High School	9:00 AM		
Wednesday	12/13/2017	CVC Dual Meet	*Cosumnes Oaks High School	Cosumnes Oaks High School	6:00 PM	Bus depart 3:45 pm & return 10:00 pm	
Wednesday	12/20/2017	CVC Dual Meet	*Whitney High School	Whitney High School	6:00 PM	Bus depart 3:45 pm & return 10:00 pm	
Friday	12/22/2017	Varsity Tournament	Zinkin Invitational	Buchanan High School	9:00 AM		
Saturday	12/23/2017	Varsity Tournament	Zinkin Invitational	Buchanan High School	9:00 AM		
Thursday	12/28/2017	Varsity Tournament	Sierra Nevada Invitational	Reno, NV	9:00 AM		
Friday	12/29/2017	Varsity Tournament	Sierra Nevada Invitational	Reno, NV	9:00 AM		
Friday	1/5/2018	Varsity Tournament	Joe Rios Invitational	Chico High School	9:00 AM		
Saturday	1/6/2018	Varsity Tournament	Joe Rios Invitational	Chico High School	9:00 AM		
Saturday	1/6/2018	JV Tournament	Vista JV Tournament	Vista del Lago High School	9:00 AM		
Wednesday	1/10/2018	CVC Dual Meet	*Del Campo High School	Ponderosa High School	6:00 PM		
Friday	1/12/2018	Varsity Tournament	Tim Brown Invitational	Memorial Auditorium	9:00 AM		
Saturday	1/13/2018	Varsity Tournament	Tim Brown Invitational	Memorial Auditorium	9:00 AM		
Saturday	1/13/2018	JV Tournament	Wolf Pack Invitational	Cosumnes Oaks High School	9:00 AM		
Wednesday	1/17/2018	CVC Dual Meet	*Oakmont High School	Oakmont High School	6:00 PM	Bus depart 4:00 pm & return 10:00 pm	
Saturday	1/20/2018	Dual Tournament	Trojan War Invitational	Oak Ridge High School	9:00 AM		
Wednesday	1/24/2018	CVC Dual Meet	*Roseville High School	Roseville High School	6:00 PM	Bus depart 4:00 pm & return 10:00 pm	
Saturday	1/27/2018	JV Tournament	Silverback Tournament	Elk Grove High School	9:00 AM		
Wednesday	1/31/2018	CVC Dual Meet	*Bella Vista High School	Ponderosa High School	6:00 PM		
Saturday	2/3/2018	Team Sections	Varsity Tournament	Lincoln High School, Stockton	9:00 AM		
Thursday	2/8/2018	League	*CVC League Tournament	Bella Vista High School	9:00 AM		
Friday	2/16/2018	Divisionals	Varsity Tournament	TBA	9:00 AM		
Saturday	2/17/2018	Divisionals	Varsity Tournament	TBA	9:00 AM		
Friday	2/23/2018	Masters	Varsity Tournament	Stockton Arena	9:00 AM		
Saturday	2/24/2018	Masters	Varsity Tournament	Stockton Arena	9:00 AM		
Friday	3/2/2018	CIF State	Varsity Tournament	Bakersfield	9:00 AM		
Saturday	3/3/2018	CIF State	Varsity Tournament	Bakersfield	9:00 AM		
Saturday	3/10/2018	Grade State	Varsity Tournament	Lemoore	9:00 AM		
Thursday	4/19/2018	Banquet		PHS - Cafeteria	6:00 PM		

Practice Time: 3:00 - 5:00 pm

Dead Period: October 16 - November 5  
 Practice Begins: 6-Nov  
 First Scrimmage: 18-Nov  
 First Contest: 24-Nov  
 Last Contest - Dual: 31-Jan  
 Last Contest - Indv.: 10-Feb

**Dual Meet Start Times**

Weigh-In: 5:00 PM  
 Start Time JV: 6:00 PM  
 Varsity to start 10 minutes after conclusion of JV match.

\*=League Event

Head Coach: Tyson Escobar

Co-Head Coach: Soren Murphy