

Ponderosa High School  
 3661 Ponderosa Road, Shingle Springs, CA 95682-9460  
 School Phone: 530-677-2281 Fax: 530-677-2299

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Superintendent Steve Wehr	Principal Lisa Garrett	Mascot Bruins	Athletic Director Tyson Escobar
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### 2016-2017 Ponderosa Bruins Girls Frosh Soccer Schedule

<b>DAY</b>	<b>DATE</b>	<b>OPPONENT</b>	<b>LOCATION</b>	<b>TIME</b>	<b>DISMISSAL</b>	<b>DEPARTURE</b>
Tuesday	11/29/2016	TBA	Ponderosa High School	3:30 PM		
Thursday	12/1/2016	TBA	Ponderosa High School	3:30 PM		
Tuesday	12/6/2016	TBA	Ponderosa High School	3:30 PM		
Thursday	12/8/2016	Oak Ridge High School	Oak Ridge High School	3:30 PM		
Tuesday	12/13/2016	TBA	Ponderosa High School	3:30 PM		
Thursday	12/15/2016	*Antelope High School	Antelope High School	3:30 PM		
<b>Tuesday</b>	<b>12/20/2016</b>	<b>*Bella Vista High School</b>	<b>Ponderosa High School</b>	<b>3:30 PM</b>		
<b>Thursday</b>	<b>12/22/2016</b>	<b>*Whitney High School</b>	<b>Ponderosa High School</b>	<b>3:30 PM</b>		
Tuesday	1/10/2017	*Del Campo High School	Del Campo High School	3:30 PM		
Thursday	1/12/2017	*Oakmont High School	Oakmont High School	3:30 PM		
<b>Tuesday</b>	<b>1/17/2017</b>	<b>*Roseville High School</b>	<b>Ponderosa High School</b>	<b>3:30 PM</b>		
<b>Thursday</b>	<b>1/19/2017</b>	<b>*Cosumnes Oaks High School</b>	<b>Ponderosa High School</b>	<b>3:30 PM</b>		
<b>Tuesday</b>	<b>1/24/2017</b>	<b>*Antelope High School</b>	<b>Ponderosa High School</b>	<b>3:30 PM</b>		
Thursday	1/26/2017	*Bella Vista High School	Bella Vista High School	3:00 PM		
<b>Friday</b>	<b>1/27/2017</b>	<b>Oak Ridge High School</b>	<b>Ponderosa High School</b>	<b>5:00 PM</b>		
Tuesday	1/31/2017	*Whitney High School	Whitney High School	3:30 PM		
<b>Thursday</b>	<b>2/2/2017</b>	<b>*Del Campo High School</b>	<b>Ponderosa High School</b>	<b>3:30 PM</b>		
<b>Tuesday</b>	<b>2/7/2017</b>	<b>*Oakmont High School</b>	<b>Ponderosa High School</b>	<b>3:30 PM</b>		
Thursday	2/9/2017	*Roseville High School	Roseville High School	3:30 PM		
Tuesday	2/14/2017	*Cosumnes Oaks High School	Cosumnes Oaks High School	3:30 PM		

**Practice Time:**

**Dead Period:** October 17 - November 6  
**Practice Begins:** 7-Nov  
**First Scrimmage:** 19-Nov  
**First Contest:** 25-Nov  
**Last Contest:** 16-Feb

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Frosh Coach: Joe Humphrey