

Ponderosa High School
 3661 Ponderosa Road, Shingle Springs, CA 95682-9460
 School Phone: 530-677-2281 Fax: 530-677-2299

Superintendent
 Steve Wehr

Principal
 Lisa Garrett

Mascot
 Bruins

Athletic Director
 Tyson Escobar

2018 Ponderosa Bruins Track and Field Schedule

DAY	DATE	OPPONENT	LOCATION	TIME	DISMISSAL	DEPARTURE
Wednesday	2/21/2018	Mandatory Parent Meeting	PHS - Cafeteria	5:30 PM		
Wednesday	2/21/2018	Green & Gray Time Trials	Ponderosa High School	3:00 PM		
Friday	2/23/2018	Team Shoe Night	Gold Country Run & Sport	6:00 PM		
Thursday	3/1/2018	Friendship Meet	Ponderosa High School	3:00 PM		
Wednesday	3/14/2018	*First Center Meets	Ponderosa High School	3:30 PM		
Friday	3/23/2018	Bronco Roundup	Bella Vista High School	3:30 PM		
Friday	3/30/2018	Stanford Invitational	Stanford University	TBA		
Saturday	3/31/2018	Stanford Invitational	Stanford University	TBA		
Wednesday	4/4/2018	*Second Center Meets	Antelope High School	3:30 PM		
Friday	4/6/2018	Arcadia Invitational	Arcadia High School	TBA		
Saturday	4/7/2018	Arcadia Invitational	Arcadia High School	TBA		
Saturday	4/21/2018	Ron Ruptier Invitational	Ponderosa High School	9:00 AM		
Wednesday	4/25/2018	*Third Center Meets	Del Campo High School	3:30 PM		
Saturday	4/28/2018	Sacramento Meet of Champions	American River College	11:00 AM		
Wednesday	5/9/2018	*CVC Trials	Cosumnes Oaks High School	2:00 PM		
Friday	5/11/2018	*CVC Finals	Cosumnes Oaks High School	2:00 PM		
Wednesday	5/16/2018	*Section Trials	Bella Vista High School	2:00 PM		
Friday	5/18/2018	*Section Finals	Bella Vista High School	2:00 PM		
Thursday	5/24/2018	*Masters Trials	Elk Grove High School			
Friday	5/25/2018	*Masters Finals	Elk Grove High School			
Friday	6/1/2018	*States Trials	Buchanan High School			
Saturday	6/2/2018	*States Finals	Buchanan High School			

Banquet 5/17/18 in the cafeteria

Practice Time: 3:00 - 5:00 pm rain or shine

Dead Period: January 15 - February 4
 Practice Begins: 5-Feb
 First Scrimmage: 17-Feb
 First Contest: 23-Feb
 Last Contest: 12-May
 First Playoff Game: 16-May