

Ponderosa High School
 3661 Ponderosa Road, Shingle Springs, CA 95682-9460
 School Phone: 530-677-2281 Fax: 530-677-2299

Superintendent
 Steve Wehr

Principal
 Lisa Garrett

Mascot
 Bruins

Athletic Director
 Tyson Escobar

**2017 Ponderosa Bruins
 Girls Frosh Volleyball Schedule**

DAY	DATE	OPPONENT	LOCATION	TIME	DISMISSAL	DEPARTURE
Wednesday	9/6/2017	*Antelope High School	Ponderosa High School	4:00 PM		
Monday	9/11/2017	*Bella Vista High School	Bella Vista High School	4:00 PM		
Wednesday	9/13/2017	*Whitney High School	Ponderosa High School	4:00 PM		
Monday	9/18/2017	*Del Campo High School	Ponderosa High School	4:00 PM		
Wednesday	9/20/2017	*Oakmont High School	Ponderosa High School	4:00 PM		
Monday	9/25/2017	*Roseville High School	Ponderosa High School	4:00 PM		
Wednesday	9/27/2017	*Cosumnes Oaks High School	Cosumnes Oaks High School	4:00 PM		
Monday	10/2/2017	*Antelope High School	Antelope High School	4:00 PM		
Wednesday	10/4/2017	*Bella Vista High School	Ponderosa High School	4:00 PM		
Monday	10/9/2017	*Whitney High School	Whitney High School	4:00 PM		
Wednesday	10/11/2017	*Del Campo High School	Del Campo High School	4:00 PM		
Monday	10/16/2017	*Oakmont High School	Oakmont High School	4:00 PM		
Wednesday	10/18/2017	*Roseville High School	Roseville High School	4:00 PM		
Monday	10/23/2017	*Cosumnes Oaks High School	Ponderosa High School	4:00 PM		

Practice Time: 3:00 pm - 5:00 pm

Dead Period: July 17 - August 6
 Practice Begins: 7-Aug
 First Scrimmage: 19-Aug
 First Contest: 25-Aug
 Last Contest: 26-Oct

Head Coach: