

# Ponderosa High School



## Athletic Registration 2019-2020

Dates of try outs

### **FALL**

**August 5, 2019**

Cross Country  
Football (F/JV/V begins 7/29)  
Girls Golf  
Girls Tennis  
Girls Volleyball (F/JV/V)  
Water Polo  
Cheer Fall Sideline (tryouts in April)

### **WINTER**

**November 4, 2019**

Boys Basketball (F/JV/V)  
Girls Basketball (F/JV/V)  
Ski/Snowboard  
Boys Soccer (F/JV/V)  
Girls Soccer (F/JV/V)  
Wrestling  
Competitive Cheer  
Cheer Winter Sideline

### **SPRING**

**February 10, 2020**

Baseball (F/JV/V)  
Boys Golf  
Softball (JV/V)  
Swimming/Diving  
Boys Tennis  
Track and Field  
Boys Volleyball JV/V  
Cheer Stunt

## 1. REGISTER ONLINE



*The online registration must be completed by the parent/legal guardian of the student.*

[www.athleticclearance.com](http://www.athleticclearance.com)

Choose your state



### ○ FIRST TIME USERS:

- Click "**Register**" and complete all steps with a valid email address for your User Name.
- *Please remember this User Name (Email) & password as you will use this each season for your child/children for sports registration.* Click "**Submit**"

○ If you already have an account, then **LOGIN** using your User Name (Email) and password. Click "**Sign in**"

### ○ Click "**Start Clearance Here!**"

- Select the Year (**2019-20**)
- Select the School **Ponderosa (CIF-SJS)**
- Select Sport

Step# 1 Student Info	Step# 2 Medical History	Step# 3 Parent/Guardian Info	Step# 4 Signatures	Step# 5 Donation
Working...	Completed	Completed	Completed	Optional

○ Continue through **Step #1 through Step #5:**

- Complete all required fields for Student Information, Medical & Education History and Signature Forms.

*\*If you have gone through the Athleticclearance.com process before, you will select the Student and Parent/Guardian name from the dropdown menu on those pages.*

- Be sure to read each document. *These forms are legal, binding documents. By entering electronic signatures in the boxes you are agreeing and consenting to all information provided.*
- "**Step #5**" Optional Donation to your athletic program.

○ Once you reach the **Confirmation Message** you have completed the process.

- If you would like to register the student for additional sports/activities at this time, you may check off those sports below the Confirmation Message. Electronic signatures for both the parent/guardian and student will be applied to the additional sports/activities.

○ All of this data will be electronically submitted to the PHS Athletic department for review.

○ When the student is CLEAR for participation in the sport selected, you will receive an email notification.

## 2. GET A PHYSICAL for the student athlete from a medical doctor. ([Use EDUHSD blank physical form](#))

## 3. TURN IN THE PHYSICAL to the Ponderosa Front Office/Athletic Secretary. (Mon-Friday 7:00am-3:30pm)

❖ **GRADES AND FINES** will be checked by the athletic office prior to each season to complete eligibility requirements. Students and coaches will be notified when athletes are cleared.

❖ All the above steps must be completed prior to each sports' season tryout date. Any questions, please contact the Athletic Secretary, Kellie Rath at (530) 677-2281 x2288 or [phsathletics@eduhd.net](mailto:phsathletics@eduhd.net)

Important Steps