Ponderosa High School
Athletic Registration 2019-2020

**FALL**
*August 5, 2019*
- Cross Country
- Football (F/JV/V begins 7/29)
- Girls Golf
- Girls Tennis
- Girls Volleyball (F/JV/V)
- Water Polo
- Cheer Fall Sideline (tryouts in April)

**WINTER**
*November 4, 2019*
- Boys Basketball (F/JV/V)
- Girls Basketball (F/JV/V)
- Ski/Snowboard
- Boys Soccer (F/JV/V)
- Girls Soccer (F/JV/V)
- Wrestling
- Competitive Cheer
- Cheer Winter Sideline

**SPRING**
*February 10, 2020*
- Baseball (F/JV/V)
- Boys Golf
- Softball (JV/V)
- Swimming/Diving
- Boys Tennis
- Track and Field
- Boys Volleyball JV/V
- Cheer Stunt

---

1. **REGISTER ONLINE**

   *The online registration must be completed by the parent/legal guardian of the student.*

   [www.athleticclearance.com](http://www.athleticclearance.com) Choose your state

   - **FIRST TIME USERS:**
     - Click “Register” and complete all steps with a valid email address for your User Name.
     - Please remember this User Name (Email) & password as you will use this each season for your child/children for sports registration. Click “Submit”
   - If you already have an account, then **LOGIN** using your User Name (Email) and password. Click “Sign in”
   - Click “Start Clearance Here!”
     - Select the Year (**2019-20**)
     - Select the School **Ponderosa (CIF-SJS)**
     - Select Sport
   - Continue through **Step #1 through Step #5**:
     - Complete all required fields for Student Information, Medical & Education History and Signature Forms.
     - *If you have gone through the Athleticclearance.com process before, you will select the Student and Parent/Guardian name from the dropdown menu on those pages.*
     - Be sure to read each document. These forms are legal, binding documents. By entering electronic signatures in the boxes you are agreeing and consenting to all information provided.
     - “Step #5” Optional Donation to your athletic program.
   - Once you reach the **Confirmation Message** you have completed the process.
     - If you would like to register the student for additional sports/activities at this time, you may check off those sports below the Confirmation Message. Electronic signatures for both the parent/guardian and student will be applied to the additional sports/activities.
   - All of this data will be electronically submitted to the PHS Athletic department for review.
   - When the student is CLEAR for participation in the sport selected, you will receive an email notification.

2. **GET A PHYSICAL** for the student athlete from a medical doctor. ([Use EDUHSD blank physical form](#))

3. **TURN IN THE PHYSICAL** to the Ponderosa Front Office/Athletic Secretary. (Mon-Friday 7:00am-3:30pm)

   - **GRADES AND FINES** will be checked by the athletic office prior to each season to complete eligibility requirements. Students and coaches will be notified when athletes are cleared.
   - All the above steps must be completed prior to each sports’ season tryout date. Any questions, please contact the Athletic Secretary, Kellie Rath at (530) 677-2281 x2288 or phsathletics@eduhsd.net