

## ***How to Help Your Kids Be Better Students***

### ***Parent Involvement***

1. Ask questions. Ask about your student's day, with everyday face-to-face time.
2. High school is not the time to take a complete hands-off approach; but don't do everything for your student. Encourage your student to talk directly to the teacher with any classroom concerns.
3. Empower your student to think for themselves and be more responsible for their actions.
4. If your student is resistant to talking with a teacher directly, communicate problems or concerns by email or phone call ASAP. Staff contact information is available on the Bruin website. [www.bruin.eduhsd.net](http://www.bruin.eduhsd.net) Please don't WAIT until there is a huge issue.
5. Be involved in your students' lives. Attend their activities, performances, and competitions. Attend school functions such as Back to School Night and Open House.
6. Check the PHS Website for school information and updates including the "Daily Bulletin" and "What's Doin' Bruin?"
7. Create an ABI Account Access grades –check for current and possibly future assignments listed.
8. Ask what the long-term assignments might be, like projects, portfolios, essays.
9. Don't tell your student that you weren't good at math. Math is here to serve you, not to trip you up. It's here to make life easier, and a lot of that can start at home with parents showing that they're not intimidated by numbers.
10. One way to make math more accessible, is to relate it to daily activities, whether it's tipping at a restaurant or calculating statistics at a sporting event.
11. Help your child make connections to literature.
12. Encourage reading any time you can. It is not too late to improve reading skills, and those skills influence all other subjects.
13. Encourage your student to get involved in the school community by finding a club or sport to join.
14. Encourage your student to get eight hours of sleep, and eat a good breakfast. Bring or buy a lunch at school. Stay away from drugs, alcohol, and tobacco.
15. Don't compare your student with others.

### ***School Expectations***

16. Encourage daily attendance at school—this is crucial for academic success.
17. Encourage your student to show respect for the school, self, and others.
18. Encourage your student to know and follow school rules which were designed for student learning and safety.

19. Encourage your student to attend the extra help sessions. The Academic Recovery Schedule and the Teacher Availability Schedule is available on the school website and in the counseling office.
20. Support the school with the tardy policy and please do not text or pull your student out of class during instructional time.
21. Focus on Expected Student Learning Result's (ESLRS) – including “Students will exhibit self-discipline and personal responsibility by working efficiently, independently, and cooperatively to complete tasks by deadline.”

### ***Homework***

22. Encourage your student to come prepared to class, stay on top of assignments and take responsibility for their learning.
23. Encourage the habit of doing homework every night. Ask about homework assignments and important upcoming due dates, tests, and notebook checks.
24. Help your student to be organized and responsible. Encourage the use of the Student Planner for recording homework and assignment due dates.
25. Review your student’s notebook--look to see if it’s organized. If your student is having trouble with something, such as organizing his or her backpack, stand next to him and have him do it while you talk him through the process.
26. If your student is stuck on the homework, encourage a call to a classmate to get help if necessary. Student should mark any problems where they have questions on and be willing to ask for help in class.
27. Check that Math Homework Stamp Sheets are complete -- homework listed on website [www.phsmath.info](http://www.phsmath.info). Ask your student to show you the required daily math warm ups.
28. If your student works with a tutor, they should do their homework prior to meeting with them so your student can ask specific questions. Your student should not sit with the tutor and do homework.